



7 DAY FALL COLORS

NEW ENGLAND & CANADA DANCE CRUISE

BALLROOM, LATIN & SWING DANCE CRUISE

September 30 – October 7, 2022

PORTS OF CALL

QUEBEC CITY, CANADA TO NEW YORK

<i>Quebec City Overnight</i>	<i>Saguenay Quebec</i>	<i>Sept-Iles Quebec</i>	<i>Halifax Nova Scotia</i>	<i>New York</i>
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Quebec City – Overnight – Cruise Departs October 1st at 5:00 pm



To visit Québec is to experience France without crossing the Atlantic. The architecture, the ambience, and the animated conversation on the street confirm the impression that a bit of France has been permanently imbedded in North America.

Quebec City blends old-world eye candy with fresh attitude from modern boutiques and coffee shops to cutting-edge music festivals. Set upon the mighty St. Lawrence River, the city holds more than four centuries of history, a vibrant contemporary art scene and an abundance of gastronomic discoveries. Step back in time and explore the Old City. Pass through imposing stone walls and walk cobblestone streets — you'll notice a range of architectural styles, from Baroque to art deco. Then, walk it off with a visit to the iconic Chateau Frontenac towering over the Quebec capital. Stroll along the streets of the atmospheric Latin Quarter and explore the historic stone and brick houses of Old Québec, the only remaining walled city north of Mexico. Visit the Place Royale and Notre Dame des Victoires, the oldest stone church in North America, and marvel at the turreted Château de Frontenac.

More about Quebec City, Canada Points of Interest

- Walking Québec City

This historic city's many highlights include a visit to Upper Town and Lower Town, Old Québec, the Citadelle, Château Frontenac, Québec fortifications, Place Royale and many hidden Québec sites. Because many of Québec City's top attractions can be found within Old Québec's ancient walls, you won't need more than your own two feet to make the most of your visit. Just make sure that you're dressed warmly, especially during the winter months, and that you stop frequently: The city's many cozy cafes and quaint shops make excellent venues to thaw. If you want to see more of the river or take a look at what the suburbs of Quebec City look like, there are several excellent inline bike trails, most of which start in the Old Port. The 5 ½-mile Corridor de la Rivière-Saint-Charles trail starts from the Old Port Market, is separated from traffic and loops along both banks of river. Other routes can be found on the Quebec City Tourism website. There are a couple of area companies that rent bikes and offer guided tours. However, considering the hills in Old Québec, biking is not the best way to get around the city.

- **Château Frontenac**
Built in the late 19th century as an ideal stopover for the Canadian Pacific travelers, this green-turreted castle-turned-hotel was recognized as a National Historic Site of Canada in 1980.
- **Place Royale**
Place Royal is a small but picturesque plaza, considered the birthplace of French civilization in North America and the first permanent settlement in New France.
- **Montmorency Falls**
The Montmorency Falls are an imposing 272-foot high, higher than Niagara but much narrower. The area surrounding the falls is protected within the Montmorency Falls Park.
- **Sainte-Anne-de-Beaupré**
Sainte-Anne-de-Beaupré, a village that stands along the St. Lawrence River, is a religious destination centered around a two-spired basilica, one of Canada's most famous shrines.
- **La Citadelle**
This star-shaped, 25-building fortress is a national historic monument and an official residence of the Governor General.
- **Parc des Champs de Bataille**
Parc des Champs de Bataille (Battlefields Park) was the site of a crucial battle in 1759, and is Canada's first national urban park, covering 267 acres. It also goes by the name "Plains of Abraham."
- **Ile d'Orléans**
Located in the St. Lawrence River, Ile d'Orléans (Orleans Island) was one of the first parts of the province to be colonized by the French. Today, it remains a largely rural farming area.

Average temperature 62 high, 45 low

Saguenay (7:00 am – 5:00 pm)



Saguenay, Canada is reminiscent of a sleepy New England town; with a church standing tall in its skyline, rolling hills, the Saguenay River flowing by and golden trees come fall. It was a former mill town, and this French-Canadian city was only formed in 2002 by amalgamating the townships of Chicoutimi, Jonquiere, La Baie and Laterriere.

The new city is most well-known for its Saguenay Fjord, which formed during the Ice Age and is the most southerly fjord in the Northern Hemisphere. When visiting Saguenay with your cruise, see its number one attraction and its pine-studded soaring cliffs from the comfort of a cruise. The Saguenay Fjord Route is an outstanding landscape of sea, mountains and rising cliffs protected by three National Parks. Its exceptional natural beauty can be discovered by land and sea. With a decidedly French atmosphere and a touch of the Old World, the banks of the Saguenay Fjord are lined with charming villages surrounded by beautiful landscapes.

Cruise ships dock at the cruise terminal in La Baie. The town center is within walking distance. The adventure begins on the Bagotville wharf and in the heart of the magnificent cruise terminal. A few steps from the terminal, the reception experience is in full swing. The borough of La Baie, Saguenay and the whole region are open to visitors who discover the impressive local tourist offer. Many restaurants and a craft market can be found near the cruise pavilion.

More about Saguenay, Canada Points of Interest

- **Saguenay Fjord National Park**
Carved by ancient glaciers, the fjord ranks as the most southerly fjord in the northern hemisphere. Four species of whales and 54 species of fish call this 65-mile-long, two-mile-wide fjord their home.
- **The Glass Blowing Workshop**
The art of traditional glass blowing will be demonstrated by an artist glassmaker in his workshop
- **Le Chevrier du Nord Goat Farm**
Area artisans create mohair garments in the traditional manner using wool from their own angora goats. Watch how mohair is processed from raw wool to hand-made fabric using 19th-century production methods and time-honored skills.
- **Chicoutimi**
Once a fur trading post, Chicoutimi would later gain fame as a prosperous pulp and paper manufacturing town. Evidence of its treasured past can be seen at the old Pulp Mill, a National Historic Site.

- Arvida
Known as "the City Built in 135 Days," Arvida was one of Canada's first pre-planned model towns. Built in 1927, the town's unique downtown area is now listed as a National Historic Site.
- La Baie
Not only is La Baie renowned as the entryway to the magnificent Saguenay Fjord National Park but among the area's rolling, green hillsides sits Les Bergeries du Ford farm, noted for its award-winning cheese.
- Little White House
When the Chicoutimi River overflowed its banks and flooded the region in 1996, this humble home survived the devastation and raised the hopes of many. Preserved as a historical park, an adjacent museum commemorates the flood.

Average temperature 62 high, 42 low

Sept-Îles (8:00 am – 5:00 pm)



Named after the seven islands that protect it, Sept-Îles is cradled by a vibrant archipelago. Situated northeast of Quebec, this charming Canadian city overlooks the St. Lawrence River and is home to wild natural beauty and a rich cultural heritage. Brimming with lush forests, shimmering lakes and sandy beaches, it is an ideal destination for outdoor activities. Cruise to Sept-Îles and hike the trails of the Grande Basque Island, encountering countless wildlife along the way. Dip your toes in the beautiful golden sand of Ferguson Beach. And visit The Musee Shaputuan to learn insights into the nomadic culture of the Innu people, residents of the region for hundreds of years. You'll find no shortage of adventures and things to do in Sept-Îles. Within walking distance to town.

GO WILD

A Cruise to Sept-Îles is not complete without an excursion to the Sept Îles Archipelago. Explore the region's biodiversity of ecosystems by sea kayak or hiking. From boreal forests to colorful seaside flora, and diverse marine wildlife including whales and seals — each island is brimming with adventure.

TAKE IT OUTSIDE

Take your pick from canoes, kayaks, pedal boats or paddle boards. The Centre de plein air du Lac des Rapides is an excellent recreation center where you'll find everything you need to enjoy the outdoors including certified lifeguards at hand. Go for a swim in the beach or hike the trails to catch panoramic lake views.

LOCAL CUISE

Get ready for a seafood feast. Indulge in the region's flavorful specialties which include everything from fresh fish to farmed scallops, softshell clams and more! Try new takes on seafood dishes like the Côte-Nord classic guedille — shellfish and mayo on a hot dog bun.

SHOPPING

Be sure to stop at Galeries Montagnaises, the first Canadian shopping center run by an Aboriginal community. There you will find Crafts Innu Apakuai — an artisan shop with handmade items by Innu craftsmen. Pick up unique souvenirs like jewelry, dreamcatchers, moccasins and leather goods.

Average temperature 55 high, 42 low

Halifax, Nova Scotia (8:00 am – 6:00 pm)



Halifax was founded as a naval base in 1749 — but you'd never know it from the vibe of this bustling urban capital today. Peer a little closer and you'll see the Citadel, the star-shaped fortress that still stands guard from its hilltop perch. Discover historic architecture, restaurants, museums and boutique shops on the restored waterfront. Hop a ferry to Dartmouth or visit Peggy's Cove. Jump onboard a Nova Scotia cruise and spend your day whale-watching, or sailing, and celebrate the day with some of the best beer and lobster the Maritimes have to offer.

Passengers enjoy the convenience of moving direct from ship-to-shore, via a covered hydraulic gangway leading to Pavilion 22 where you find the best Nova Scotian handcrafts, gifts and signature products. The main waterfront attractions begin at the start of the boardwalk. It's a short walk along Lower Water Street to the City.

The capital of Nova Scotia and the largest city in Canada's Atlantic Provinces, Halifax was once Great Britain's major military bastion in North America. The beautifully restored waterfront buildings of Halifax's Historic Properties recall the city's centuries-old maritime heritage. Stroll the waterfront, and you may find Nova Scotia's floating ambassador, the schooner Bluenose II, tied up to Privateer's Wharf, just as old sailing ships have done for over 200 years. Halifax is also the gateway to Nova Scotia's stunning scenery, including famous Peggy's Cove, where surf-pounded granite cliffs and a solitary lighthouse create an unsurpassed scene of rugged natural beauty.

More about Halifax, Canada Points of Interest

- **Maritime Museum of the Atlantic**
Step back into Nova Scotia's maritime history. Among its many historic exhibits you'll find the world's foremost collection of Titanic memorabilia, including one of the ship's few surviving deck chairs.
- **Pier 21**
Discover Canada's Immigration Museum and experience this point of entry like the many people who passed through between 1928 and 1971. Learn the personal and national stories of struggle and triumph.
- **Historic Properties**
This charmingly renovated 19th-century district harkens back to when merchant ships, privateers and naval ships plied the harbor waters. Stroll around and soak up some history while you shop.
- **Halifax Citadel National Historic Site**
Enjoy the living history program featuring actors portraying life in the fort in 1869. There are also many interactive exhibits explaining the Citadel's role in Halifax's and North America's history.

- **Province House**
This is where the Nova Scotia House of Assembly has met every year since 1819. It's Canada's oldest seat of government. Visit the "Red Chamber," the parliament chamber and the library on your tour.
- **St. Paul's Cathedral**
This 18th-century cathedral was the oldest Protestant place of worship and the first Garrison Church in Halifax. Be sure to see the "explosion window" and the metal piece embedded in the wall as a result of the historic 1917 explosion.
- **Peggy's Cove**
This quaint, historic fishing village dates back to 1811. Be sure to visit Peggy's Point Lighthouse. The current classic red and white structure was built in 1914, and is still in use today, though visits inside are no longer allowed.
- **Lunenburg**
This UNESCO World Heritage Site offers the best example of an 18th-century planned British colonial settlement in North America. It's also considered to be "The Balsam Christmas Tree Capital of the World."

Average temperature 60 high, 50 low

New York City (Manhattan or Brooklyn), New York



Most ships dock in Manhattan, on the West Side. It is about a 15 minute walk from Midtown.

With a front-and-center-stage view of Lower New York Harbor, Cape Liberty is only a hop, skip and a short subway ride away from New York City. This dizzying urban landscape is filled to the brim with non-stop adventure around every street corner. Tucked among the Wall Street skyscrapers and bright Broadway lights, you'll discover ethnic enclaves, like the famed Little Italy, historic brownstones, Old World cathedrals and leafy Central Park. Take in world-renowned exhibits at MoMA or the Guggenheim. Trace America's multicultural past at Ellis Island and walk across the Brooklyn Bridge before or after boarding your New Jersey cruise. Or snap a selfie with Lady Liberty, with the Big Apple's skyline dazzling in the background.

A leading global city, New York exerts a powerful influence over worldwide commerce, finance, culture and fashion, and entertainment. The city consists of five boroughs and an intricate patchwork of neighborhoods. Some of these include Lower Manhattan and the New York Stock Exchange, Battery Park and South Street Seaport, Chinatown, trendy SoHo and Greenwich Village, along with Little Italy, the flat Iron District and Gramercy Park. Famous Central Park covers 843 acres of paths, ponds, lakes and green space within the asphalt jungle. Many districts and landmarks have become well-known to outsiders. Nearly 170 languages are spoken in the city and over 35% of its population was born outside the United States.

More about New York City (Manhattan or Brooklyn), New York Points of Interest

- **Statue of Liberty**
"Liberty Enlightening the World" was a gift from France symbolizing freedom and democracy. Made of copper, she stands 305 feet tall and carries a torch, welcoming visitors to Liberty Island.
- **Ellis Island**
Gateway for millions of immigrants to the U.S., it was the nation's busiest immigrant inspection station from 1892 to 1954. Today, it features the Ellis Island Immigration Museum.
- **Times Square**
This busy iconic commercial intersection and neon-lit neighborhood in Manhattan has been featured in numerous movies and TV shows. It is also the site of the annual New Year's Eve ball drop.
- **South Street Seaport**
This historic district of Manhattan includes the city's largest concentration of restored early 19th-century commercial buildings. Enjoy shopping, bars and eateries, with views of the Brooklyn Bridge.
- **The National September 11 Memorial Complex**
Known as the 9/11 Museum & Memorial, the two historical landmarks pay tribute to those who perished during the terror attacks. The memorial's twin reflecting pools sit in the footprints where the Twin

Towers previously stood. The museum displays exhibitions and archival documents while conveying a spirit of hope and renewal.

- **Brooklyn Bridge**
One of the oldest suspension bridges in the U.S., it spans 1,595 feet across the East River, connecting Manhattan and Brooklyn. The neo-Gothic towers are made of limestone, granite and cement.
- **Rockefeller Center**
Built by John D. Rockefeller, this is the largest private building project in modern times and home to many NYC landmarks, such as Radio City Music Hall, GE Building and Rockefeller Plaza.
- **Museums Of New York**
- **Central Park**
This 843-acre public park is located in Manhattan and has some 25 million visitors annually. It is the most visited urban park in the U.S. and includes an ice-skating rink, a pool and a zoo.

Average temperature 65 high, 46 low